

16 December 2020

Dear Parents/Carers

**Science Curriculum - Relationships and Sex Education**

I am writing to let you know that in Year 6 we are going to be starting the science unit relating to sex and relationships education on the week commencing Monday 4 January 2021. A further unit will be studied in the Summer term.

It is important that all children learn about this in a safe and secure environment, which we provide at school. The unit (SRE) is mainly focused on the science aspects of the changes experienced during puberty. Sex and Relationships Education (SRE) is learning about our bodies, health and relationships; with a particular focus on puberty and growing up, dealing with emotions and managing personal relationships. It is about the understanding of the importance of marriage or secure relationships for family life, stable and loving relationships, respect, love and care.

**Focus in Year 6 – Spring term**

**Science**

- To understand male and female puberty changes linked to the body in more detail
- To understand how puberty affects the reproductive organs

**RSE**

- To explore and explain the emotional and physical changes occurring in puberty
- To ask questions about puberty with confidence
- To explore the impact of puberty on the body and the importance of physical hygiene
- To explore ways to get help and support during puberty

**Focus in Year 6 – Summer term**

**Science**

- To consider puberty and the biology of reproduction
- To describe how and why the body changes during puberty in preparation for reproduction
- To describe the life process of reproduction in some animals

**RSE**

- To talk about puberty and reproduction with confidence, asking questions
- To consider physical and emotional behaviour in relationships, discussing different types of adult relationships
- To know what form of touching is appropriate
- To explore the process of conception and pregnancy, knowing some basic facts
- To describe the decisions that have to be made before having a baby
- To explore positive and negative ways of communicating in a relationship

Resources have been carefully chosen to support the teaching. All staff have been trained in the delivery of the subject matter.

Thank you for your continued support.

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Deputy Headteacher

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