

14 December 2020

Dear Parents

We have been advised by Public Health England that there has been a **confirmed case of COVID-19 within Year 3.**

We have followed the national guidance and have identified that your child has been in close contact with a member of the school community. **In line with the national guidance your child should now stay at home and self-isolate until 21 December 2021. If your child is already isolating or unwell please also remain at home and return to school on 4 January 2021.**

We are asking you to do this to reduce the further spread of COVID-19 to others in the community.

If your child is well at the end of this period of self-isolation, they can return to usual activities.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 10-day self-isolation period.

What to do if your child develops symptoms of COVID-19

If your child develops symptoms of COVID-19, they should remain at home for at least **10 days** from the date when their symptoms appeared and advise the school of this.

All other household members who remain well must stay at home and not leave the house for **10 days**. The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family, for the duration of the home isolation period.

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Symptoms of COVID-19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice by phoning NHS 111 or at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> .

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19.

Do:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Thank you for your on-going support and co-operation in keeping everybody safe.

Yours sincerely

H. McGovern
Headteacher