

Monday 9 May 2022

Dear Parents/Carers

Science Curriculum - Relationships and Sex Education

I am writing to let you know that Years 5 and 6 will be starting a short topic on bodies and relationships in the week beginning **Monday 13 June** as part of our Science and Relationships and Sex Education curriculum.

It is important that all children learn about this in a safe and secure environment, which we provide at school in an inclusive way. In RSE, we will be learning about our bodies, health and relationships; with a particular focus on puberty and growing up, dealing with emotions and managing personal relationships ensuring the science aspects of the curriculum are covered.

Focus in Year 5

Science

To understand male and female puberty changes linked to the body in more detail

To understand how puberty affects the reproductive organs

RSE

- To explore and explain the emotional and physical changes occurring in puberty
- To ask questions about puberty with confidence
- To explore the impact of puberty on the body and the importance of physical hygiene
- To explore ways to get help and support during puberty

Focus in Year 6

Science

▪ To consider puberty and the biology of reproduction

▪ To describe how and why the body changes during puberty

▪ To describe the life process of reproduction in some animals

RSE

▪ To talk about puberty and reproduction with confidence, asking questions

▪ To consider physical and emotional behaviour in relationships, discussing different types of adult relationships

▪ To know what form of touching is appropriate

▪ To explore the process of conception and pregnancy, knowing some basic facts

▪ To explore positive and negative ways of communicating in a relationship

Resources and videos have been carefully chosen to support the teaching. All staff have been trained in the delivery of the subject matter. We would like to give you the opportunity to **view the videos on Wednesday 25 May at 8:45am.**

Unfortunately, a crèche will not be provided therefore please be aware the content shown on this morning will not be age appropriate if you will be bringing younger children. Please talk to your children about what they have been learning and be prepared for them to ask you questions about changes.

Thank you for your continued support.

Yours sincerely

Helen McGovern

Headteacher

CARTERHATCH JUNIOR SCHOOL

CARTERHATCH LANE

ENFIELD EN1 4JY

T 020 8804 2101

W WWW.CARTERHATCHJUNELT.ORG

E ENQUIRIES@CARTERHATCHJUNELT.ORG