

4th September 2026

Dear parent/carers

As part of Year 5's PE topic, Beard Class will be taking part in swimming lessons at Albany Leisure centre. It is a local trip and, as agreed on the original consent forms, no further permission is required. The lessons will take place on Mondays as below:

Venue: Albany Leisure Centre
Date: Mondays, 21.09.26 - 30.11.26 inclusive
Time: Swimming session is from 1:30 - 2:15
Lunch: At school, as normal
Collection: From school at 3pm as normal
Travelling by: Walking

All pupils need to have a swimming bag, which consists of:

- Swimming costume (either a one-piece swimsuit with racerback, or a one-piece swim outfit with long sleeves and legs, with or without a head covering, or swimming trunks, or short-fitted shorts above the knee or racerback tankini)
- Swimming cap for children with long hair
- Towel
- A separate bag to put their wet clothes and towel in
- Comb or hairbrush
- Rainproof coat or sun cream, depending on the weather
- Comfortable walking shoes
- Full school uniform must be worn

Please make sure that the school is fully updated on any medical conditions your child has. Please note that if your child has a serious medical condition, a doctor's letter may be required. All pupils with asthma must take an inhaler on the trip. If your child has allergies and has been prescribed an Adrenaline Auto Injector (AAI), two AAIs must also be taken on the trip. If this equipment is not in school, the pupil will be unable to go on this trip.

If children would like to wear goggles to support them within their swimming sessions, you will need to write a note to give them permission, which will then be given to the swimming teacher.

Yours sincerely

Marian Switonski

Assistant Headteacher

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