

16 September 2019

Dear Parents

Carterhatch Junior School Swimming Programme

We are delighted to inform you that this year your child will take part in a one week swimming programme as part of their statutory Physical Education entitlement at the London Olympic Aquatic Centre, Stratford. We have managed to secure provision at this world class, state of the art venue and hope that your child will both enjoy and benefit from the swimming lessons. This will be instead of the lessons which have previously taken place at Southbury swimming pool.

Dates For Your Diary:	Monday 14 October – Friday 18 October 2019
Travel:	Children will be travelling via public transport (walking and train) to and from the venue
Times	Pupils will be leaving school at 9.30am and will be back in good time for collection at 3.15pm.
Lunch Arrangements:	ALL Children will need a packed lunch for ALL days of the week (Mon – Fri) – in a named bag. If you wish for a school packed lunch please complete the slip below and return.

Medical conditions and illness

Please make sure that the school are fully updated on any medical conditions your child has. All medication must be brought to each swimming lesson. Please note that if your child has a serious medical condition a doctor's letter may be required.

To enable your child to gain the most out of their swimming sessions it is important their swimwear is safe and will not hinder their ability to learn while in the water.

Goggles

The use of goggles is not recommended as they can be dangerous and cause eye injuries. Written parental consent is required if you would like your child to wear them. This letter should be given to the class teacher at the start of the swimming programme.

CARTERHATCH JUNIOR SCHOOL
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HEADTEACHER MS H McGOVERN • DEPUTY HEADTEACHER MISS C NEWTON

Pupils <u>should</u> wear	Pupils with cultural or religious diversity needs	Pupils should <u>not</u> wear
A one-piece swimming costume – costumes/swimming trunks.	One-piece burkinis (make sure material does not go see through when wet)	Two separate items such as bikinis or tankinis.
The swimming costume, towel etc should have a name tag clearly visible and carried to school in a waterproof or plastic bag.	Two-piece lycra suits must be covered by a swimming costume to prevent them from separating while in the water.	Underwear underneath swimwear.
A swimming hat if their hair is long or goes in their eyes when wet.		Burkinis that have long skirts attached.
Swimming trunks or tight shorts well above the knee.		Long loose fashion shorts, football shorts or PE shorts.
A verruca sock if they have a verruca.		Leggings and T shirts.
		Wetsuits.
		Jewellery.
		Flip Flops, reef shoes or crocs.

***Please ensure all swimming kit/towel/bag is labeled with your child's name and class.**

Yours sincerely

Helen McGovern

Headteacher

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My child needs a school packed lunch (Tick ONLY if required and your is child entitled to free school meals)

**Request must be made by Friday 20 September 2019*

I agree my child can travel on public transport to the London Aquatic Centre, Stratford.

Name of pupil: _____ Class: _____

Signed: _____ (parent/carer)

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